Alcohol-Related Deaths and Hospitalizations by Race, Gender, and Age in California

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Abstract: Introduction: Excessive alcohol use is the third leading preventable cause of death in the United States each year and responsible for about 10,000 deaths in California alone. In addition, excessive alcohol use is responsible for many hospitalizations due to injuries and illnesses. Alcohol consumption is known to differ by age, sex, and race/ethnicity and these consumption patterns can lead to differences in alcohol-related outcomes.

Methods: Using data from a variety of sources, alcohol-attributable deaths and nonfatal hospitalizations for illnesses and injuries were calculated for California for the year 2006.

Results: Excessive alcohol use resulted in over 10,000 deaths and 72,000 nonfatal hospitalizations in California. The majority of consequences (51%) were due to chronic illnesses associated with long-term excessive use of alcohol. Overall, males reported more deaths and nonfatal hospitalizations due to excessive alcohol use than women. Alcohol-attributable deaths and hospitalizations are more likely to occur among individuals aged 50-64 years for illnesses and individuals aged 20-34 years for injuries. Older individuals suffered from more chronic conditions such as alcoholic liver disease, while younger individuals were more likely to suffer from injuries, the most common being motor-vehicle traffic crashes. Significant differences in the rate of deaths and nonfatal hospitalizations by race/ethnicity were more common due to injuries and violence than chronic diseases.

Conclusions: This study highlighted key findings of demographic differences in consequences suffered by excessive alcohol use in California. Continued efforts to better evaluate the contribution of alcohol to morbidity and mortality by demographic factors, especially by race and ethnicity, is warranted to prevent and reduce the harm associated with this behavior.

INTRODUCTION

Excessive alcohol use is the third leading preventable cause of death in the United States each year, accounting for approximately 79,000 deaths annually resulting in approximately 2.4 million Years of Potential Life Lost [1, 2]. Approximately 10% of these deaths occurred in the state of California alone [3]. Excessive alcohol use is defined as both heavy daily drinking (i.e., consuming more than two drinks per day on average for men and more than 1 drink per day on average for women) and binge drinking (i.e., consuming 5 or more drinks on occasion for men and 4 or more drinks on occasion for women) [4, 5]. While deaths due to long-term heavy alcohol use usually result from the development of chronic conditions, about half of all alcohol-attributable deaths are associated with episodes of binge drinking resulting in injury deaths [1]. In addition to deaths, alcohol is associated with many injuries and acts of violence. Estimates of the economic costs associated with alcohol use in the United States are close to \$150 billion annually (in 1998 dollars) [6]. A study by Rosen, Miller and Simon [7] estimated the resulting economic cost for California to be between \$35 and \$42 billion annually.

Alcohol consumption is known to differ by age, sex, and

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race/ethnicity. Research has shown higher levels of alcohol use among males, whites and younger individuals [8, 9]. Overall differences in consumption patterns can lead to differences in consequences associated with alcohol use. Men, who on average drink more than women, are three times more likely to die from alcohol-attributable motorvehicle traffic crashes, homicide and suicide than women [1]. However, research has shown that rates of alcoholattributable cancers of the esophagus and larynx have been found to be higher among African American men vs white men [10, 11]. For California specifically. Sutocky et al. [10] found that black men had a higher age-adjusted death rate associated with alcohol use than all other race/sex groups. However, these results were based upon data from over 20 years ago and it is unclear if these differences still persist. Given the high percentage of overall alcohol-attributable deaths in the US that occurs in California, having more detailed information regarding the groups most effected by harms associated with excessive alcohol use can help to target prevention efforts and reduce the burden of disease. The current report estimates alcohol-attributable deaths and nonfatal hospitalizations for various demographic groups for California.

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MATERIALS AND METHODOLOGY

Alcohol-Attributable Fatal Illnesses and Injuries Data

Sources

To capture the number of fatalities due to illnesses and injuries, we used data from the 2006 California Death Statistical Master File from California Vital Statistics. The Alcohol Related Disease Impact (ARDI) software developed by the Centers for Disease Control and Prevention was used to estimate the proportion of fatal illnesses and injuries that were attributable to alcohol [3] (Table 1). Several attributable fractions were modified specifically to California using information obtained from the Behavioral Risk Factor Surveillance System (BRFSS) on the prevalence of different alcohol use levels for 2006 [12]. These estimates were then applied to relative risk information for certain chronic conditions to calculate alcohol-attributable fractions [13]. The specific methods used by ARDI to calculate alcoholattributable deaths are described in detail elsewhere [1, 7]. Certain conditions that are included in ARDI were not included in the analysis for California. Conditions were not included if there were less than five deaths (or hospitalizations) for that condition; examples include alcoholic gastritis (one death), fetal alcohol syndrome (no deaths or hospitalizations), portal hypertension (three deaths), etc. The specific ICD-10 codes related to the conditions used in ARDI are available on the website [3].

For fatal injury deaths, alcohol-attributable fractions were based on estimates from a study of emergency department visits by Smith and colleagues [14]. The exception is motor-vehicle traffic crashes. Currently, the ARDI system uses data from the Fatality Analysis Reporting System (FARS) administered by the National Highway Traffic Safety Administration (NHTSA) to produce alcohol-attributable fractions for motor-vehicle traffic crashes [15]. The FARS system allows for age, race, and sex-specific alcohol-attributable fractions for motor-vehicle traffic crashes. National estimates for alcohol-attributable fractions were used for race and ethnicity due to validity concerns of underreporting or misinformation of race and ethnicity at the state-level. However, for age and sex, alcoholattributable fractions were generated specific to California crash information. All alcohol-attributable fractions for motor-vehicle traffic crashes were estimated for the year 2006.

Race/Ethnicity

Information on race and ethnicity of decedents was provided in the 2006 California Death Statistical Master File. Several steps had to be utilized to determine the appropriate race and ethnicity for each decedent due to varying methods used by counties in California to identify race and ethnicity. Race was collapsed into the minimum racial categories established in the 1997 OMB Standard for Federal Data on Race and Ethnicity [16]. We used the following categories for race: white, black/African American, Asian, Native Hawaiian or Other Pacific Islander, American Indian or Alaskan Native and other. Since a person could choose up to three races, only the first race code was used. For ethnicity, all the subcategories of Hispanic ethnicity were combined into one category of Hispanic ethnicity. The final racial/ethnic distributions for the 2006 death data for California were as follows: 83.6% white, 9.9% black, 5.4% Asian, 2.3% Native Hawaiian/PI, 0.5% American Indian or AN, 0.2% other. Approximately 16% of the total deaths were of people of Hispanic ethnicity. For publication purposes only deaths due to white, black and Asian will be reported due to small cell sizes for the other race categories. Alcoholattributable deaths were estimated for each of the racial categories and then again separately for those reporting Hispanic ethnicity.

Age and Sex

Deaths were grouped into 5-year age groupings. Alcoholattributable deaths for illnesses or chronic conditions were captured from age 20 and older except those conditions specifically affecting infants and children due to the direct consumption of alcohol by the mother (i.e., fetal alcohol syndrome; fetus and newborn affected by the maternal use of alcohol; low birth weight, prematurity, and intrauterine growth retardation.) Alcohol-attributable deaths for injuries and violence were captured beginning from age 15 with the exception of the following two conditions - motor-vehicle traffic crashes and child maltreatment. Due to the availability of FARS data, alcohol-attributable deaths due to motorvehicle traffic crashes was estimated for all ages. Deaths due to child maltreatment were captured for individuals aged 14 and younger. Starting with age 15, these deaths are classified as homicide. Separate estimates were calculated for alcoholattributable deaths due to exposure to alcohol for individuals under age 21.

Alcohol-attributable deaths were estimated separately for males and females for all injuries and illnesses except for breast cancer and spontaneous abortion deaths which were estimated only for women and prostate cancer was estimated only for men.

Missing Information

The following sociodemographic information was missing from individuals in the Death Statistical Master File: 49 did not have an age listed, 530 did not have a race code or refused to answer, and 195 did not report Hispanic ethnicity or refused to answer.

The ARDI tool requires information related to age and sex to calculate alcohol-attributable deaths. Because there were 49 individuals that did not have an age listed, these were deleted from the dataset. However, individuals without information related to race or ethnicity were not deleted from the dataset as long as both information regarding age and sex was complete. These individuals are included in the age- and sex-specific results only. The final sample size was 239,368.

Nonfatal Illnesses and Injuries

Sources

To estimate the number of nonfatal illnesses and injuries in California for 2006, data from the California Office of Statewide Health Planning and Development Patient Discharge Data (PDD) set were used. This dataset contains information on all hospital discharges in the state of California including diagnosis, treatment and type of hospital utilized. To identify alcohol-attributable hospitalizations, the primary diagnosis field was used for nonfatal illnesses and the primary injury E-code for injuries. However, the state of California allows for both a primary diagnosis for an illness and a primary injury E-code to be used for the same hospital visit if applicable. To avoid double

counting alcohol-attributable hospitalizations for which both an injury and illness are listed for the same visit, the injury diagnosis (E-code) was used as the underlying reason for the hospital visit. The reasoning is that individuals are more likely to visit the hospital due to an injury and then subsequently be treated for an illness as well (Steve Wirtz, Research Scientist at the California Department of Health Services, e-mail communication, April 2009).

The ARDI system was used to apply alcohol-attributable fractions for nonfatal illnesses to the PDD. A crosswalk of ICD-10 to ICD-9 codes included in the ARDI system was used to identify the current alcohol-attributable conditions in the PDD. The source for alcohol-attributable fractions for nonfatal injuries were obtained from an analysis by Miller and colleagues [17].

Table 1. Sources for Number of Cases and Alcohol-Attributable Fractions

	Source of Numbers of Cases	Source of Alcohol-Attributable Fractions
Illness (fatal and nonfatal)	Patient Discharge Data set 2006, California Death Statistical Master File 2006	ARDI
Injury (fatal and nonfatal)	Patient Discharge Data set 2006, California Death Statistical Master File 2006	ARDI and Miller et al. [17] paper
Traffic collisions (fatal and nonfatal)	Patient Discharge Data set 2006, California Death Statistical Master File 2006	Fatality Analysis Reporting System

Table 2. Total Number of Alcohol-Attributable Illness Deaths by Sex, Hispanic Ethnicity and Race for California, 2006

Condition	Total	5	Sex	Hispanic]	Race	
Condition	1 otai	Male	Female	Ethnicity	White	Black	Asian	Other*
Malignant neoplasms								
Breast cancer (females only)	39	-	39	7	32	3	2	1
Esophageal cancer	40	35	5	4	35	2	2	0
Laryngeal cancer	19	16	3	4	15	2	1	0
Liver cancer	111	80	31	35	76	9	21	5
Oropharyngeal cancer	36	30	6	6	30	3	2	1
Prostate cancer	22	22	-	3	18	2	1	0
Neuro-psychiatric conditions								
Alcohol abuse	308	247	61	34	273	13	11	8
Alcohol dependence syndrome	597	470	127	68	526	41	12	11
Alcoholic psychosis	97	75	22	11	86	8	0	3
Degeneration of nervous system due to alcohol	17	15	2	2	15	1	0	1
Epilepsy	25	14	11	6	20	4	1	0
Cardiovascular diseases								
Alcohol cardiomopathy	81	70	11	13	68	6	3	4
Esophageal varices	5	4	1	0	4	0	2	0
Hypertension	194	103	91	44	151	26	11	6
Ischemic heart disease	82	55	27	13	68	6	4	2
Stroke hemorrhagic	188	154	34	48	140	16	20	12
Stroke ischemic	39	28	11	7	32	2	3	1
Superventricular cardiac dysrthymia	20	9	11	2	18	1	1	1
Digestive diseases								
Alcoholic liver disease	2701	1975	726	297	2399	152	68	64
Alcohol-induced chronic pancreatitis	21	16	5	4	17	2	1	1
Chronic pancreatitis	47	23	24	10	36	6	3	2
Acute pancreatitis	60	34	26	10	50	4	3	2
Liver cirrhosis unspecified	633	343	290	95	537	38	37	17
Conditions during pregnancy or perinatal period								
Low birth weight permaturity IUGR death	15	10	5	4	10	3	1	0
Total	5397	3828	1569	727	4656	350	210	142

^{*}Includes American Indian, Alaskan Natives, Hawaiian and Pacific Islander.

Race/Ethnicity

For the PDD file, the race and ethnicity fields were coded to pre-determined racial and ethnic categories. Unfortunately, fewer racial categories were coded in the PDD file as are recommended by the 1997 OMB guidelines. For example, the racial category of Asian has been combined with Hawaiian and other Pacific Islander. The final racial distributions for the 2006 PDD were as follows: 54% white, 5% black, 0.1% % American Indian or Alaskan Native, 5% Native Hawaiian, Pacific Islander and Asian, 10% other. Approximately, 30% of the total sample identified as Hispanic ethnicity. Hospitalizations were only broken out for whites and blacks due to small cell sizes for the other race categories. Alcohol-attributable hospitalizations were estimated for each of the racial categories and then again separately for those of Hispanic ethnicity.

Age and Sex

The same age and sex categories and guidelines mentioned above used for fatal illnesses and injuries were also applied to hospitalizations.

Missing and Censored Information

The following sociodemographic information was missing or unknown for individuals in the PDD: 49 did not indicate a sex; 15,268 did not have ethnicity listed; and 394,117 did not have race listed or was labeled unknown. As described previously, due to ARDI restrictions, individuals without information related to race or ethnicity were not deleted from the dataset as long as information regarding both age and sex was complete. These individuals are only included in the age- and sex-specific results.

In addition, the California Office of Statewide Health Planning and Development has taken steps to protect confidentiality and has masked a certain percentage of sociodemographic information contained in the PDD. The following proportion of each demographic variable was masked in the dataset: 6.8% of age (coded in 5-year age groups), 18.3% of sex, 30.5% of ethnicity, and 26.6% of race (note: for some individuals multiple fields were masked). Individuals with either age or sex masked could not be included in the analysis. However, individuals with only race or ethnicity masked are included in the age- and sex-specific estimates of alcohol-attributable hospitalizations. The final sample size to determine alcohol-attributable hospitalizations was 3,266,470.

Table 3. Total Number of Alcohol-Attributable Illness Deaths by Sex and Age Groups for California, 2006

Condition			Male]	Female					Total		
Condition	0-19	20-34	35-49	50-64	65+	0-19	20-34	35-49	50-64	65+	0-19	20-34	35-49	50-64	65+
Malignant neoplasms															
Breast cancer (females only)	-	-	-	-	-	0	1	5	12	21	0	1	5	13	21
Esophageal cancer	0	0	1	12	22	0	0	0	1	4	0	0	2	14	26
Laryngeal cancer	0	0	1	4	11	0	0	0	1	2	0	0	1	5	13
Liver cancer	0	0	6	31	42	0	0	2	7	22	0	1	8	38	64
Oropharyngeal cancer	0	0	2	12	16	0	0	0	1	4	0	0	3	13	20
Prostate cancer	0	0	0	2	20	-	-	-	-	-	0	0	0	2	20
Neuro-psychiatric conditions															
Alcohol abuse	0	29	105	82	31	0	5	20	28	8	0	34	125	110	39
Alcohol dependence syndrome	0	23	139	242	66	0	5	36	51	35	0	28	175	293	101
Alcoholic psychosis	0	1	23	24	27	0	0	5	9	8	0	1	28	33	35
Degeneration of nervous system due to alcohol	0	1	2	6	6	0	0	0	1	1	0	1	2	7	7
Epilepsy	0	3	4	3	3	0	2	2	5	3	0	5	6	8	6
Cardiovascular diseases															
Alcohol cardiomopathy	0	3	29	29	9	0	0	3	5	3	0	3	32	34	12
Esophageal varices	0	0	2	12	2	0	0	0	0	1	0	0	2	0	3
Hypertension	0	1	10	24	69	0	0	3	9	79	0	1	13	32	141
Ischemic heart disease	0	0	3	10	42	0	0	0	2	24	0	0	3	12	66
Portal hypertension	0	0	0	1	1	0	0	0	0	0	0	0	0	1	1
Stroke hemorrhagic	0	3	21	40	90	0	0	3	7	24	0	3	24	47	114
Stroke ischemic	0	0	1	3	23	0	0	0	1	10	0	0	1	4	33
Superventricular cardiac dysrthymia	0	0	0	1	8	0	0	0	0	10	0	0	0	1	20
Digestive diseases															
Alcoholic liver disease	0	38	522	973	442	0	19	218	317	172	0	57	740	1290	614
Alcohol-induced chronic pancreatitis	0	4	4	4	4	0	0	4	1	0	0	4	8	5	4
Chronic pancreatitis	0	0	8	5	9	0	0	1	8	14	0	0	9	13	24
Acute pancreatitis	0	5	8	9	12	0	1	3	3	19	0	6	11	12	31
Liver cirrhosis unspecified	0	5	56	150	132	0	3	37	87	163	0	8	94	236	295
Conditions during pregnancy or perinatal period						_									
Low birth weight prematurity IUGR death	10	117	- 047	1(70	1007	5	-	- 242	-	-	15	152	1202	- 2222	1710
Total	10	116	947	1679	1087	5	36	342	556	627	15	153	1292	2223	1710

Table 4. Total Number of Alcohol-Attributable Injury Deaths by Sex, Hispanic Ethnicity and Race for California, 2006

~		s	Sex	Ethnicity		R	ice	
Condition	Total	Male	Female	Hispanic	White	Black	Asian	Other*
Unintentional injury								
Air space transport	18	15	3	1	17	0	1	0
Alcohol poisoning	39	32	7	5	34	3	1	1
Aspiration	25	14	11	2	23	1	1	0
Drowning	135	103	31	27	107	9	14	2
Falls	566	336	230	69	498	19	32	17
Fire	83	48	35	16	66	11	3	2
Firearm	13	12	1	5	8	3	1	1
Hypothermia	11	8	3	0	11	0	0	0
Occupational and machine	11	11	0	1	10	0	0	0
Other road and vehicle crashes	60	48	12	8	52	4	3	1
Poisoning	830	548	282	127	702	97	12	17
Water transport	7	5	2	2	5	1	0	0
Motor-vehicle traffic crashes	1457	1149	308	239	1210	105	62	54
Violence								
Child maltreatment	21	12	8	6	14	5	1	0
Homicide	1174	999	175	443	730	358	53	27
Suicide	772	597	175	98	674	31	49	18
Total	5222	3937	1283	1049	4161	647	233	140

^{*}Includes American Indian, Alaskan Natives, Hawaiian and Pacific Islander.

Table 5. Total Number of Alcohol-Attributable Injury Deaths by Sex and Age Groups for California, 2006

C PV			Male					Female					Total		
Condition	0-19	20-34	35-49	50-64	65+	0-19	20-34	35-49	50-64	65+	0-19	20-34	35-49	50-64	65+
Unintentional injury															
Air space transport	0	2	4	6	3	0	0	1	1	0	0	2	5	8	3
Alcohol poisoning	1	10	12	9	0	0	0	6	1	0	1	10	18	10	0
Aspiration	0	1	2	4	7	0	0	2	1	8	0	1	3	5	15
Drowning	9	31	28	18	17	1	5	8	5	11	10	36	36	24	28
Falls	3	22	38	56	217	1	4	9	17	199	4	26	47	73	416
Fire	0	3	9	18	17	1	3	5	9	17	1	6	14	27	34
Firearm	3	6	2	0	1	0	0	0	0	0	3	6	2	0	1
Hypothermia	2	1	3	2	1	1	0	0	1	1	3	1	3	3	2
Occupational and machine	0	2	3	3	2	0	0	0	0	0	0	2	3	3	2
Other road and vehicle crashes	3	11	14	14	7	0	2	3	3	3	4	13	17	16	10
Poisoning	8	105	253	166	16	5	42	119	99	17	14	147	372	264	33
Water transport	0	1	2	1	1	0	1	0	1	0	0	2	2	1	1
Motor-vehicle traffic crashes															
-	108	497	328	169	46	42	114	89	38	24	150	611	417	208	70
Violence															
Child maltreatment	13	-	-	-	-	8	-	-	-	-	21	-	-	-	-
Homicide	193	499	203	86	19	19	58	52	31	14	212	557	255	117	33
Suicide	27	142	169	146	113	9	29	58	51	29	36	171	227	196	142
Total	370	1333	1070	698	467	87	258	352	258	323	459	1591	1421	955	790

Table 6. Rate of Alcohol-Attributable Illness and Injury Deaths for Select Conditions Per 1,000,000 Persons by Sex, Hispanic Ethnicity and Race for California, 2006

Condition	Total	s	ex	Hispanic		Ra	ice	
Condition	Total	Male	Female	Ethnicity	White	Black	Asian	Other*
Malignant neoplasms								
Liver cancer	3.04	4.4	1.7 ^a	2.7	2.7	3.7	4.7°	8.6°
Neuro-psychiatric conditions								
Alcohol abuse	8.5	13.6	3.3ª	2.6 ^b	9.7	5.3°	2.4°	13.7°
Alcohol dependence syndrome	16.4	25.8	7.0°	5.2 ^b	18.8	16.8	2.7°	18.9°
Alcoholic psychosis	2.7	4.1	1.2ª	0.8 ^b	3.1	3.3	-	5.1
Cardiovascular diseases								
Hypertension	5.3	5.7	5.0	3.4 ^b	5.4	10.6°	2.4°	10.3°
Stroke hemorrhagic	5.2	8.5	1.9ª	3.7 ^b	6.0	6.6	4.4	20.6
Digestive diseases								
Alcoholic liver disease	74.1	108.4	39.8ª	23.7 ^b	85.6	62.2°	15.0°	109.7°
Liver cirrhosis unspecified	17.4	18.8	15.9ª	7.3 ^b	19.2	15.6°	8.2°	29.1°
Unintentional injury								
Drowning	3.7	5.7	1.7ª	2.1 ^b	3.8	3.7	3.1	3.4
Falls	15.5	18.4	12.6 ^a	5.3 ^b	17.8	7.8°	7.1°	29.1°
Poisoning	22.8	30.1	15.5°	9.7 ^b	25.0	39.7°	2.7°	29.1
Motor-vehicle traffic crashes	40.0	63.0	16.9ª	18.3 ^b	43.2	43.0	13.7°	92.6°
Violence								
Homicide	32.2	54.8	9.6ª	33.9 ^b	26.0	146.6°	11.7°	46.3°
Suicide	21.2	32.8	9.6ª	7.5 ^b	24.0	12.7°	10.8°	30.9°

*Includes Hawaiian, Pacific Islander, Alaskan Native, and American Indian.

Analysis

Alcohol-Related Measures

For each alcohol-related diagnosis, total number of deaths and hospitalizations were entered into ARDI. The number of deaths for each diagnosis was multiplied by the corresponding alcohol-attributable fraction to estimate alcohol-attributable deaths and nonfatal hospitalizations by sex, age, and race/ethnicity. Alcohol-attributable deaths and hospitalizations were calculated separately by sex, age groups, Hispanic ethnicity, and race. For the leading alcohol-attributable deaths and alcohol-attributable hospitalizations, rates were computed by the direct method using the population of California in 2000 as the standard population. Mortality and hospitalization rates were compared testing for the difference between independent rates. Differences were statistically significant at the .05 significance level.

RESULTS

Alcohol-Attributable Deaths

For 2006, there were 10,619 deaths due to alcohol use in the state of California. Of these deaths, 5397 were due to illnesses or chronic conditions (51% of total deaths). Alcoholic liver disease (2701 deaths) was the most common illness death resulting in about 74 deaths per 1,000,000 persons in 2006. The top three leading causes of illness deaths were alcoholic liver disease, liver cirrhosis (633)

deaths; 17 deaths per 1,000,000 persons) and alcohol dependence syndrome (597 deaths; 16 deaths per 1,000,000 persons). About 28% of injury deaths were due to motor-vehicle traffic crashes (1457 deaths; 40 deaths per 1,000,000 persons). The top three leading causes of injury deaths were motor-vehicle traffic crashes, homicide (1174 deaths; 32 deaths per 1,000,000 persons) and poisoning (830 deaths; 23 deaths per 1,000,000 persons).

Sex and Age Differences

For men, the second leading cause of alcohol-attributable illness death was alcohol dependence syndrome (470 deaths) and the third leading cause was liver cirrhosis, unspecified (343 deaths) (Table 2). Overall, deaths for illnesses that were alcohol-attributable peaked between the ages of 50-64 years old (Table 3). However, for women, there were more alcohol-attributable deaths occurring after age 65. For alcohol-attributable deaths due to injuries, suicide was the third leading cause of death for men (597 deaths; 33 deaths per 1,000,000 persons) while for women suicide and homicide were the fourth leading cause of death (175 deaths each; 10 deaths per 1,000,000 persons) (Table 4). For women, alcohol-attributable death due to falls was the third leading cause (230 deaths). Overall, alcohol-attributable injury deaths peaked between ages 20 to 34 years, except for females who had more alcohol-related injury deaths from 35 to 49 years mostly due to poisoning (119 deaths) and suicide (58 deaths) (Table 5). Deaths due to poisoning more

 $^{{}^{}a}$ Statistically significant difference from males (p < 0.05).

^bStatistically significant difference from Non-Hispanics (p < 0.05).

^cStatistically significant difference from whites (p < 0.05).

Table 7. Total Number of Alcohol-Attributable Deaths Due to Exposure to Alcohol for Under Age 21 by sex for California, 2006

0 111	T I	Se	x
Condition	Total	Male*	Female*
Conditions during pregnancy or perinatal period			
Low birth weight prematurity IUGR death	15	10	5
Unintentional injury			
Air space transport	1	<1	<1
Alcohol poisoning	1	1	0
Aspiration	1	<1	<1
Drowning	13	11	2
Falls	5	4	1
Fire	2	1	1
Firearm	4	4	0
Hypothermia	3	2	1
Occupational and machine	1	1	0
Other road and vehicle crashes	3	2	1
Poisoning	21	15	6
Water transport	1	<1	<1
Motor-vehicle traffic crashes	207	154	53
Violence			
Child maltreatment	21	13	8
Homicide	263	239	24
Suicide	48	38	10
Total	610	496	113

^{*}Due to alcohol-attribution less than 100%, some conditions have less than 1 death but greater than 0 deaths (i.e., air space transport, aspiration and water transport deaths).

commonly occur among 35 to 49 year olds than any other age group. Alcohol-attributable motor-vehicle traffic crash deaths and homicides peaked for both males and females between ages 20 to 34 years old (125 deaths per 1,000,000 persons and 29 deaths per 1,000,000 persons, respectively) (Table 13).

Racial/Ethnic Differences

For most conditions, alcohol-attributable deaths by racial and ethnic groups had similar overall patterns in regards to the common causes of death (Table 2). The total number of deaths for each condition reflected the current population size for each racial/ethnic group. However, after whites, Asians had the second highest number of deaths due to liver cancer (21 deaths) when compared to other racial groups. For the leading causes of deaths, whites had statistically significant higher alcohol-attributable death rates than blacks except for the following conditions: hypertension, poisoning, and homicide (Table 6). Asians were more likely to die from falls and drowning than blacks; however, these differences were not statistically significant (data not shown). For alcohol-attributable deaths due to injuries, blacks and Hispanics were more likely to die from homicide (358 and 443 deaths) than motor-vehicle traffic crashes (105 and 239 deaths) (Table 4). The alcohol-attributable death rate for homicide was significantly higher for Hispanics than non-Hispanics (data not shown).

Under 21

The top three leading alcohol-attributable deaths for individuals under age 21 were homicide (263 deaths), motorvehicle traffic crashes (207 deaths), and suicide (48 deaths). Forty-seven percent of all alcohol-attributable deaths for underage youth and young adults were due to homicide or child maltreatment (Table 7). For underage females, the leading cause of death was motor-vehicle traffic crashes (53 deaths) followed by homicide (24 deaths) and suicide (10 deaths).

Alcohol-Attributable Hospitalizations

For 2006, there were 72,771 hospitalizations due to alcohol use in the state of California. There were 34,292 hospitalizations due to illnesses or chronic conditions (47%) hospitalizations). About 22% of these hospitalizations were due to alcoholic liver disease (7374 hospitalizations; 202 deaths per 1,000,000 persons). The top three leading causes of illnesses were alcoholic liver disease, alcoholic psychosis (7173 hospitalizations; 197 deaths per persons) and 1.000.000 acute pancreatitis hospitalizations; 136 deaths per 1,000,000 persons). There were 38,479 hospitalizations due to injuries (53% of total hospitalizations). About 56% of these injury hospitalizations were due to falls (21,616 hospitalizations). The top three leading causes of hospitalizations were falls, motor-vehicle traffic crashes (5219 hospitalizations 143 deaths per 1,000,000 persons), assault (2745 hospitalizations; 75 deaths per 1,000,000 persons) and attempted suicide (2705 hospitalizations; 74 deaths per 1,000,000 persons).

Sex and Age Differences

Overall, more than half of the alcohol-attributable hospitalizations due to illnesses were suffered by men (Table

Table 8. Total Hospitalizations for Alcohol-Attributable Illness by Sex, Hispanic Ethnicity and Race for California, 2006

Condition	Total	Se	ex	Ethnicity		Race			
Condition	1 otai	Male	Female	Hispanic	White	Black	Other*		
Malignant neoplasms									
Breast cancer (females only)	63	-	63	7	45	3	3		
Esophageal cancer	27	23	4	3	20	1	2		
Laryngeal cancer	26	22	4	4	17	2	1		
Liver cancer	100	76	24	19	48	7	20		
Oropharyngeal cancer	53	44	9	6	39	3	2		
Prostate cancer	41	41	-	4	30	3	1		
Neuro-psychiatric conditions									
Alcohol abuse	666	446	220	109	489	40	8		
Alcohol dependence syndrome	4703	2997	1706	426	3797	148	45		
Alcohol polyneuropathy	53	36	17	4	38	4	1		
Alcoholic psychosis	7173	5472	1701	1123	5298	377	67		
Epilepsy	389	192	197	68	258	41	9		
Cardiovascular diseases									
Alcohol cardiomopathy	97	89	8	15	73	3	1		
Esophageal varices	185	125	60	69	116	6	9		
Hypertension	531	291	240	109	275	94	38		
Ischemic heart disease	201	150	51	23	142	9	11		
Portal hypertension	108	65	43	31	74	4	4		
Stroke hemorrhagic	543	455	88	82	338	32	50		
Stroke ischemic	1940	1450	490	231	1385	120	114		
Superventricular cardiac dysrthymia	480	262	218	47	374	19	21		
Digestive diseases									
Alcoholic liver disease	7374	5478	1896	2461	5077	344	176		
Acute pancreatitis	4976	2321	2655	1170	3236	409	216		
Alcoholic gastritis	658	490	168	166	442	45	9		
Chronic pancreatitis	1410	650	760	283	916	196	42		
Gastroesophageal hemorrhage	682	443	239	131	447	54	36		
Liver cirrhosis unspecified	1637	787	850	477	1080	66	119		
Conditions during pregnancy or perinatal period									
Low birth weight prematurity IUGR death	84	52	32	30	47	5	4		
Spontaneous abortion	92		92	44	52	8	5		
Total	34292	22457	11835	7142	24153	2043	1014		

*Includes Asian, Native Hawaiian, Pacific Islander, American Indian and Alaskan Native.

8), though slightly more than half (52%) of the hospitalizations for injuries were for women. For women, acute pancreatitis was the leading reason for an alcoholattributable hospitalization (2655 hospitalizations), which resulted in a rate of 146 hospitalizations per 1,000,000 persons and was significantly higher than the rate for men. Men were more likely to be hospitalized for alcohol dependence syndrome (2997) than for acute pancreatitis (2321). Overall, hospitalizations for alcohol-attributable illnesses peaked for most conditions between ages 35 to 49 years with the exception of alcoholic liver disease, which peaked between ages 50-64 years (Table 9). For alcoholattributable hospitalizations due to injuries, suicide attempt was the third leading cause for women (88 hospitalizations per 1,000,000 persons) (Table 10). Slightly more women than men were hospitalized for suicide attempt (1606 vs 1099 hospitalizations) in 2006 and this difference was statistically significant (Table 11). Alcohol-attributable hospitalizations for injuries sustained due to motor-vehicle traffic crashes (1615 hospitalizations) or assault (1209 hospitalizations) were more common among 20 to 34 year olds. In addition, hospitalizations due to attempted suicide were more common among both men and women aged 35 to 49 years (936 hospitalizations).

Race/Ethnic Differences

For most conditions, alcohol-attributable hospitalizations for race and ethnicity followed the similar overall patterns. Hispanics had a similar number of hospitalizations for acute pancreatitis and alcoholic psychosis (1170 and 1123 hospitalizations, respectively) (Table 8). Whites were more likely to be hospitalized for alcoholic psychosis (5298 hospitalizations) than alcoholic liver disease (5077 hospitalizations). The third leading cause of hospitalizations for whites was alcohol dependence syndrome (3797

Table 9. Total Alcohol-Attributable Hospitalizations for Illness by Sex and Age Groups for California, 2006

G W			Male					Female	s				Total		
Condition	0-19	20-34	35-49	50-64	65+	0-19	20-34	35-49	50-64	65+	0-19	20-34	35-49	50-64	65+
Malignant neoplasms															
Breast cancer*	-	-	-	-	-	0	2	15	22	25	0	2	15	22	25
Esophageal cancer	0	0	2	9	13	0	0	0	1	2	0	0	2	10	15
Laryngeal cancer	0	0	2	10	11	0	0	0	2	2	0	0	2	12	13
Liver cancer	0	1	10	35	31	0	1	2	8	14	0	2	12	43	45
Oropharyngeal cancer	0	0	6	20	17	0	0	2	3	5	0	0	8	23	22
Prostate cancer	0	0	1	19	21	-	-	-	-	-	0	0	1	19	21
Neuro-psychiatric conditions															
Alcohol abuse	0	71	204	125	46	0	45	98	41	36	0	116	302	166	82
Alcohol dependence syndrome	0	336	1501	963	197	0	214	956	451	85	0	550	2457	1414	282
Alcohol polyneuropathy	0	0	11	10	15	0	3	4	9	1	0	3	15	19	16
Alcoholic psychosis	0	553	2515	1943	461	0	172	848	515	166	0	725	3363	2458	627
Epilepsy	0	39	62	52	40	0	41	56	44	56	0	80	118	96	96
Cardiovascular diseases															
Alcohol cardiomopathy	0	7	28	41	13	0	1	1	3	3	0	8	29	44	16
Esophageal varices	0	4	45	51	25	0	2	10	24	24	0	6	55	75	49
Hypertension	0	16	62	88	126	0	9	32	56	144	0	25	94	144	270
Ischemic heart disease	0	1	15	54	80	0	0	3	12	35	0	1	18	66	115
Portal hypertension	0	3	18	31	12	0	1	10	22	10	0	4	28	53	22
Stroke hemorrhagic	0	13	68	129	246	0	2	10	20	56	0	15	78	149	302
Stroke ischemic	0	10	90	348	1001	0	5	28	82	375	0	15	118	430	1376
Superventricular cardiac dysrthymia	0	5	29	76	152	0	2	10	36	169	0	7	39	112	321
Digestive diseases															
Alcoholic liver disease	0	215	2037	2553	673	0	80	794	805	217	0	295	2831	3358	890
Acute pancreatitis	0	335	792	647	547	0	496	723	626	810	0	831	1515	1273	1357
Alcoholic gastritis	0	55	224	156	55	0	11	81	58	18	0	66	305	214	73
Chronic pancreatitis	0	103	257	193	97	0	156	284	206	114	0	259	541	399	211
Gastroesophageal hemorrhage	0	54	138	113	139	0	19	53	53	114	0	73	191	166	253
Liver cirrhosis unspecified	0	16	190	383	198	0	14	130	350	356	0	30	320	733	554
Conditions during pregnancy or perinatal period				_									_	_	
Low birth weight prematurity IUGR death	52	0	0	0	0	32	0	0	0	0	84	0	0	0	0
Spontaneous abortion	-	-	-	-	-	0	67	25	0	0	0	67	25	0	0
Total	52	1837	8307	8049	4216	32	1343	4175	3449	2837	84	3180	12482	11498	7053

^{*}Breast cancer hospitalizations are captured for females only.

hospitalizations). For most leading causes of alcoholattributable nonfatal hospitalizations, blacks had a statistically higher hospitalization rate than whites except for alcohol dependence syndrome, alcoholic psychosis, alcoholic liver disease and liver cirrhosis for which whites had a higher rate (Table 11). The patterns of alcoholattributable hospitalizations due to injuries were similar among the racial/ethnic groups as seen overall, except the second leading cause of hospitalizations for blacks was due to assault (447 hospitalizations; 183 deaths per 1,000,000 persons). The third leading cause of hospitalizations for whites was attempted suicide (1932 hospitalizations; 69 deaths per 1,000,000 persons).

Under 21

alcohol-attributable The leading causes of hospitalizations for persons under age 21 were motor-vehicle traffic crashes (939 hospitalizations), assault (507 hospitalizations), attempted and suicide hospitalizations) (Table 12). For most conditions, underage males were more likely to be hospitalized for alcoholattributable injuries than underage females. The exception was attempted suicide where females were more likely to be hospitalized than males (269 vs 115 hospitalizations, respectively). In fact, suicide attempt was the second leading alcohol-attributable hospitalization among females under age 21. Approximately 22% of all alcohol-attributable hospitalizations were due to assault or child maltreatment. Similar numbers of alcohol-attributable poisoning hospitalizations occurred for both males and females (34 for males and 38 for females).

DISCUSSION

For 2006, there were over 10,000 deaths and over 72,000 hospitalizations that were attributable to alcohol in

Table 10. Total Alcohol-Attributable Hospitalizations for Injuries by Sex, Hispanic Ethnicity and Race for California, 2006

Condition	Total	S	ex	Ethnicity		Race	
Condition	1 otai	Male	Female	Hispanic	White	Black	Other*
Alcohol poisoning	240	152	88	28	191	11	22
Unintentional injury							
Aspiration/suffocation	358	177	181	33	272	16	22
Drowning/submersion	74	48	26	7	57	1	0
Falls	21616	7970	13646	2249	17097	714	925
Fires/flame	166	110	56	24	106	13	6
Firearm	103	92	11	33	49	13	2
Hypothermia	168	89	79	24	101	22	9
Machinery and cut/pierce	1603	1155	448	380	1040	86	44
Other transport	1087	771	316	137	835	24	17
Poisoning	2296	1004	1292	275	1644	203	82
Motor-vehicle traffic crashes	5219	3221	1998	1203	3158	284	151
Violence							
Child maltreatment	99	64	35	34	42	10	2
Assault	2745	2354	391	817	1272	447	40
Attempted suicide	2705	1099	1606	408	1932	139	80
Total	38479	18306	20173	5652	27796	1983	1402

*Includes Asian, Native Hawaiian, Pacific Islander, American Indian and Alaskan Native.

California. The majority of alcohol-attributable deaths and hospitalizations were due to chronic conditions or illnesses. Alcoholic liver disease was the most common illness-related cause of death and hospitalization. Alcohol-attributable motor-vehicle traffic crashes were the most common injury cause of death and falls were the most common cause of alcohol-attributable hospitalizations. The top three leading causes of alcohol-attributable illness deaths in California were similar to that found at the national level [3]. However, the top three leading cause of alcohol-attributable injury death in California were (in order) motor-vehicle traffic crashes, homicide and non-alcohol poisoning deaths. At the national level, suicide was the third leading alcoholattributable cause of injury death annually from 2001 to 2005 [3]. For California, suicide ranked fourth with 772 deaths. For youth under age 21, the leading cause of alcoholattributable deaths overall and for males was homicide, while motor-vehicle traffic crashes was the leading cause for females. At the national level from 2001-2005, the leading cause of death attributable to alcohol for this age group for both males and females was motor-vehicle traffic crashes followed by homicide [3]. Information is not available at the national level regarding frequency of alcohol-attributable nonfatal hospitalizations for the conditions included in this study.

Overall, more than half of the alcohol-attributable deaths for illnesses and injuries were suffered by men with nearly twice as many deaths occurring for both illnesses and injuries than women. About twice as many hospitalizations for illnesses were also reported by males compared to females; however the proportion of nonfatal hospitalizations for injuries was similar for both males and females. Women had a higher rate of nonfatal alcohol-attributable hospitalizations for acute pancreatitis, chronic pancreatitis,

liver cirrhosis, epilepsy, falls, unintentional poisonings, and aspiration.

Most alcohol-attributable deaths due to illness peaked between ages 50 to 64 years old whereas most alcoholattributable deaths due to injuries peak during much younger ages. This is to be expected since the development of alcohol-related illnesses are usually the result of chronic forms of alcohol use while injury deaths tend to be due to single occasions of intoxication. The exception was alcoholattributable deaths due to falls which is largely age-driven. Most deaths and nonfatal hospitalizations due to this condition peaked among those aged 65 years and older. However, without an age-specific alcohol-attributable fraction for falls, it is difficult to interpret the true impact of alcohol use for this condition since individuals in the oldest age group, where falls are most prominent, are least likely to drink compared to other age groups [9]. More research into an age-specific alcohol attributable fraction for deaths and hospitalizations due to falls is needed.

The alcohol-attributable death rate for homicide for blacks was more than five times that of whites (147 vs 26 deaths per 1,000,000 persons). These findings are consistent with an earlier study by Sutocky and colleagues [10] which also found a higher alcohol-attributable death rate for blacks for homicide during the 1980s in California. However, the current alcohol-attributable fraction for homicide is based upon the victim's blood alcohol content and does not include information pertaining to the perpetrator of the crime [14]. Therefore, it is unclear the proportion of crimes committed while the offender is under the influence of alcohol, which could result in underreporting of alcohol involvement in homicide. Alcohol-attributable hospitalizations for assaults were also significantly higher for blacks than for whites (183 vs 45 deaths per 1,000,000 persons).

Table 11. Rate of Alcohol-Attributable Illness and Injury Hospitalizations Per 1,000,000 Persons by Sex, Hispanic Ethnicity and Race for California, 2006

Condition		Se	ex	Hispanic		Race	
Condition	Total	Male	Female	Ethnicity	White	Black	Other*
Neuro-psychiatric conditions							
Alcohol abuse	18.3	24.5	12.1ª	8.3 ^b	17.4	16.4	1.6°
Alcohol dependence syndrome	129.0	164.4	93.6ª	32.6 ^b	135.4	60.6°	8.8°
Alcoholic psychosis	196.8	300.2	93.3ª	85.8 ^b	189.0	154.3°	13.1°
Cardiovascular diseases							
Hypertension	14.6	16.0	13.2ª	8.3 ^b	9.8	38.5°	7.5
Stroke hemorrhagic	14.9	25.0	4.8 ^a	6.3 ^b	12.1	13.1	9.8
Stroke ischemic	53.2	79.5	26.9	17.7 ^b	49.4	49.1	22.3°
Digestive diseases							
Alcoholic liver disease	202.3	300.5	104.0 ^a	188.0 ^b	181.1	140.8°	34.5°
Acute pancreatitis	136.5	127.3	145.7ª	89.4 ^b	115.4	167.4°	42.3°
Alcoholic gastritis	18.1	26.9	9.2ª	12.7 ^b	15.8	18.4°	1.8°
Chronic pancreatitis	38.7	35.7	41.7ª	21.6 ^b	32.7	80.2°	8.2°
Gastroesophageal hemorrhage	18.7	24.3	13.1 ^a	10.0 ^b	15.9	22.1°	7.1°
Liver cirrhosis unspecified	44.9	43.2	46.6ª	36.4 ^b	38.5	27.0°	23.3°
Unintentional injury							
Falls	592.9	437.2	748.6ª	171.8 ^b	609.8	292.3°	181.2°
Poisoning	63.0	55.1	70.9ª	21.0 ^b	58.6	83.1°	16.1°
Motor-vehicle traffic crashes	143.2	176.7	109.6ª	91.9 ^b	112.6	116.3	29.6°
Violence							
Assault	75.3	129.1	21.5ª	62.4 ^b	45.4	183.0°	7.8°
Attempted Suicide	74.2	60.3	88.1ª	31.2 ^b	68.9	56.9°	15.7°

*Includes Asian, Hawaiian, Pacific Islander, Alaskan Native, and American Indian.

Limitations

The findings in this report are subject to several limitations. First, the ARDI methodology tends to underestimate the number of alcohol-attributable deaths and, as a result, the estimates obtained for California for both fatal and nonfatal conditions could also be underestimated [1]. Second, ARDI is not designed to assess morbidity of alcohol use and the validity of using it to determine the proportion of hospitalizations that were alcohol-attributable are unknown. Third, self-report of alcohol use has been found to be underestimated in surveys [18]. In addition, the BRFSS has been shown to underestimate certain patterns of drinking compared to other national surveys [19]. This results in underestimates of patterns of alcohol use which results in lower estimates for the calculation of attributable fractions for certain conditions in ARDI, resulting in an underestimate of the true number of alcohol-attributable deaths. Finally, there is also potential bias with regards to the way race and ethnicity are recorded on death certificates.

Since each county in California collects information on race and ethnicity differently (i.e., some use hospital records, other use a spokesperson for the decedent), it is unknown the true racial and ethnic breakdowns for each group. Research has shown that there is severe underreporting on death certificates for certain racial and ethnic groups including American Indian and Alaskan Natives [20].

CONCLUSION

Excessive alcohol use is attributed to a variety of harms and it is critical to examine demographically which groups are most affected. This knowledge helps to better tailor prevention efforts accordingly. For example, research has shown that exposure to outdoor alcohol advertising is associated with problem drinking among African American women even after controlling for family history of alcohol problems and socioeconomic status [21]. Efforts can be focused to limit alcohol advertising in predominantly African American neighborhoods. These types of targeted prevention programs have the ability to greatly impact specific groups and reduce the harm and costs associated with excessive levels of alcohol use.

^aStatistically significant difference from males (p < 0.05).

^bStatistically significant difference from Non-Hispanics (p < 0.05).

^cStatistically significant difference from whites (p < 0.05)

Table 12. Total Number of Hospitalizations for Alcohol-Attributable Injuries Due to Exposure to Alcohol for Individuals Under Age 21 by Sex for California, 2006

Condition	Total	Sea	ĸ
Condition	Total	Male	Female
Alcohol poisoning	22	12	10
Acute pancreatitis	41	12	29
Alcohol dependence syndrome	25	17	8
Alcoholic gastritis	3	3	0
Alcoholic liver disease	5	4	1
Alcoholic psychosis	23	18	5
Chronic pancreatitis	7	2	5
Epilepsy	6	3	3
Gastroesophageal hemorrhage	4	3	1
Conditions during pregnancy or perinatal period			
Low birth weight prematurity IUGR death	84	52	32
Spontaneous abortion	4	-	4
Unintentional injury			
Aspiration/suffocation	7	3	4
Drowning/submersion	4	2	2
Falls	228	158	70
Fire/flame	9	8	1
Firearm	26	23	3
Hypothermia	2	1	1
Machinery and cut/pierce	153	120	33
Other transport	105	83	23
Poisoning	72	34	38
Motor-vehicle traffic crashes	939	587	352
Violence			
Child maltreatment	99	64	35
Assault	507	452	55
Attempted suicide	384	115	269
Total	2759	1776	984

Table 13. Rate of Alcohol-Attributable Illness and Injury Deaths and Hospitalizations Per 1,000,000 Persons by Sex and Age Groups for California, 2006

Condition	Males					Females					Total				
	0- 19	20- 34	35- 49	50- 64	65+	0- 19	20- 34	35- 49	50- 64	65+	0- 19	20- 34	35- 49	50- 64	65+
Deaths															
Alcohol dependence syndrome Motor-vehicle traffic crashes Homicide	0 20.5 36.6	5.8 125.1 125.6	33.6 79.3 49.1	85.1 59.4 30.2	39.4 27.4 11.3	0 7.8 3.6	1.3 28.7 14.6	8.7 21.5 12.6	17.9 13.4 10.9	15.5 10.6 6.2	0 14.2 77.5	3.5 76.9 70.1	21.2 50.4 30.8	51.5 36.6 20.6	25.7 17.8 8.4
Hospitalizations															
Alcoholic liver disease Alcohol dependence syndrome	0 0 23.7 93.4	54.1 5.8 128.3 261.2	492.3 33.6 234.9 197.4	897.7 85.1 515.8 196.5	401.3 39.4 2919 187.8	0 0 10.4 57.3	20.1 1.3 78.0 145.2	191.9 8.7 160.9 101.7	283.1 17.9 578.8 119.2	96.0 15.5 4853.2 159.7	0 0 17.1 75.4	37.1 3.5 103.2 203.2	342.1 21.2 197.9 149.6	590.4 51.5 547.4 157.9	226.0 25.7 4029 171.7
Falls Motor-vehicle traffic crashes															

For all age groups, males and females have statistically significant differences in rates (p<.05).

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